

Jardon Vocational School Parent Newsletter From The Principal



April 5th, 2024

Dear Jardon/Webb Community,

We had a great week coming back from Spring Break! The students were eager to get back into their routines and see their friends!

Various students had the opportunity to participate in several volunteer opportunities this week. We had students at Forgotten Harvest and the Gleaners Food Bank distribution at the Hazel Park Administration Building. Students worked really hard to help prepare and distribute food to those in need. Service learning is one of the many valuable learning opportunities given to our students here at Jardon.

On Thursday, April 11, we will be having our last Fun Night of the year. We will be having an event for parents to attend during this time as well. The presentation for parents will be on The Dani Plan. The Dani Plan was created by the parents of one of our students. Please see the information below for more details and plan to join us. The parent meeting will not go the full duration of the Fun Night.

Please make sure to join us on social media! Find us on Facebook by searching for Jardon Vocational School. You will see regular updates posted there about what's going on at Jardon! Please feel free to contact me at heidi.kunz@myhpsd.org or 248-658-5953, if you have any questions or concerns.

Thank you!

Heidi Kunz

APRIL

April 11th- Fun Night & Parent informational meeting-The Dani Plan 6-7:45 PM

April 9th- Half Day 11:00 AM Dismissal Record's Days

April 25th- Half Day 11:00 AM Dismissal Parent-Teacher Conferences 1:00-3:00 & 4:00-6:00



Michigan Seed Library Network

One Seed, One State

Seed libraries across Michigan are coming together to promote growing, saving and sharing seeds!

Check out your seeds today!

2024 Seed **Dill**

An easy to grow herb with a Michigan history!
Attracts Pollinators!
Direct Sow
Easy to save seeds!

MISSION: To strengthen our community by collectively growing one variety and providing a shared experience that teaches people how to grow nutritious food and save seeds.

misedlibrarynetwork.org



Disney Dance Party Fun Night

Join us for a Fun Night of Food, Music, Karaoke and a
"Disney Dance Party"

Come dressed in your favorite *Disney Character* and sing some Karaoke.

Thursday, April 11th, from 6-7:45 P.M.

Admission will be \$5.

Please **R.S.V.P** no later than Wednesday, April 10th in the office.

248-658-5950

***We also would like to invite parents for our Parent Meeting
"The Dani Plan" which will also take place during the Fun Night.***

Dani  Plan

Inspired by our creator and founder's daughter, the Dani Plan ensures parents get the peace of mind they need, while giving their loved one the respect and dignity they deserve.



A revolutionary tool designed for your loved ones with special needs.

Learn how to easily organize all of your important documents and information in a customizable, simple and secure way.



About Me



Key People



Medical & Therapy



Behaviors
& Meltdowns



Daily Routine
& Schedules



Food & Diet



Safety



Employment
& Programs



Financial



Legal

Weekly



CBI

Jardon MoCI Community-Based Instruction for the Upcoming Week:

Monday- 4/08

P.M. - Meijer

Thursday- 4/11-

9:00-1:00- Forgotten Harvest

Jardon ASD Community-Based Instruction for the Upcoming Week:

Monday- 4/08-

1:00 Dismissal

Thursday- 4/11-

P.M.- Meijer

(All CBI locations are subject to change due to weather etc.)





Dear Parents/Guardians,

On Monday, April 8th, Michigan is on the pathway to experience the solar eclipse. While observing a solar eclipse can be a memorable and educational experience, looking directly at the sun during an eclipse can cause permanent eye damage. The timeframe for the solar eclipse in Hazel Park falls between 2:00 pm and 4:00 pm, with peak time at 3:14 pm.

Since this event falls during dismissal, we will be releasing students early. This will allow our students, staff, and families to get home and observe the eclipse safely.

DISMISSAL TIMES

High School - 12:10

Webster - 12:30

Advantage - 12:00

Middle School - 12:45

Elementary Dismissal - 1:00

Edison - 1:00

Jardon - 1:00

Important Points

- All after-school activities are canceled, except latchkey.
- Latchkey will remain in session until 6:00 pm for students enrolled in the elementary latchkey program.
- Webster latchkey will not be in session.

For your reference, we have included additional information about the solar eclipse that includes basic safety guidelines.

Solar Eclipse Time Frame

Begins: Mon, Apr 8, 2024 at 1:58 pm

Maximum: Mon, Apr 8, 2024 at 3:14 pm 0.987 Magnitude

Ends: Mon, Apr 8, 2024 at 4:27 pm

Duration: 2 hours, 29 minutes

Solar Eclipse Information

A solar eclipse happens when the moon passes between the sun and the Earth, blocking out the sun's light either partially or completely. This event can be a fascinating learning opportunity for our students, providing them with a firsthand experience of a celestial phenomenon.

Here are some safety guidelines we will be following:

Solar Viewing Glasses: We will provide ISO-certified solar viewing glasses for all students. These glasses are specially designed to protect the eyes while allowing safe viewing of the sun during an eclipse.

Educational Activities: Teachers will incorporate the solar eclipse into their lesson plans, providing students with background information about eclipses, the science behind them, and safety precautions.

We encourage you to talk to your child about the solar eclipse and the importance of following safety guidelines.

Additional Information:

[Solar Eclipse Timeline](#)

[NASA – "Total Solar Eclipse Safety"](#)

[American Astronomical Society – "How to Safely View TOTAL SOLAR ECLIPSE"](#)

[Detroit Free Press – "2024 Solar Eclipse – Everything you need to know"](#)

[Solar Eclipse Parent/Guardian Information](#)

We believe that witnessing natural phenomena like a solar eclipse can spark curiosity and interest in science among our students.

Thank you for your support in ensuring a safe and enriching experience for all. Thank you for your support in ensuring a safe and enriching experience for all.

In Kindness,

Dr. Amy Kruppe
Superintendent



News From Nurse Stephanie

Protecting Your Autonomy: Informed Consent

Surgery. Starting or changing a medication. Dental treatments. Vaccinations. Physical therapy. Research, trials, and studies. What do all these procedures have in common? The need for **informed consent!**

Per the *Oxford Advanced Learner's Dictionary*, informed consent is defined as: "permission from a patient for a medical professional to carry out treatment, with complete understanding of the possible risks and consequences".

The U.S. Department of Health and Human Services breaks this down further: "The informed consent process involves three key features: (1) disclosing... information needed to make an informed decision; (2) facilitating the understanding of what has been disclosed; and (3) promoting the voluntariness of the decision about whether or not to participate..."

Before accepting or declining any sort of procedure or treatment, the patient or patient's decision maker needs to fully understand:

- the exact plan the practitioner recommends
- the risks and benefits, known *and* unknown
- costs in terms of time, money, and effort
- how the treatment plan will be evaluated for effectiveness
- any alternatives to the recommended plan
- the right to accept or decline, freely and without coercion

If you don't fully understand something, ask! Good communication between the practitioner and patient promotes respect and trust. Also, as office visits tend to be short, it is ok to say, "I need to think more about this", and schedule a follow-up appointment once you've done further research and allowed more time to consider the recommendation(s).

Informed consent has many complexities, which we may explore in future articles - but for now, I hope this gives you the basics!

In health,

Nurse Stephanie

Want to know more? See:

AMA's Code of Medical Ethics:

<https://code-medical-ethics.ama-assn.org/ethics-opinions/informed-consent>

HHS Informed Consent FAQs:

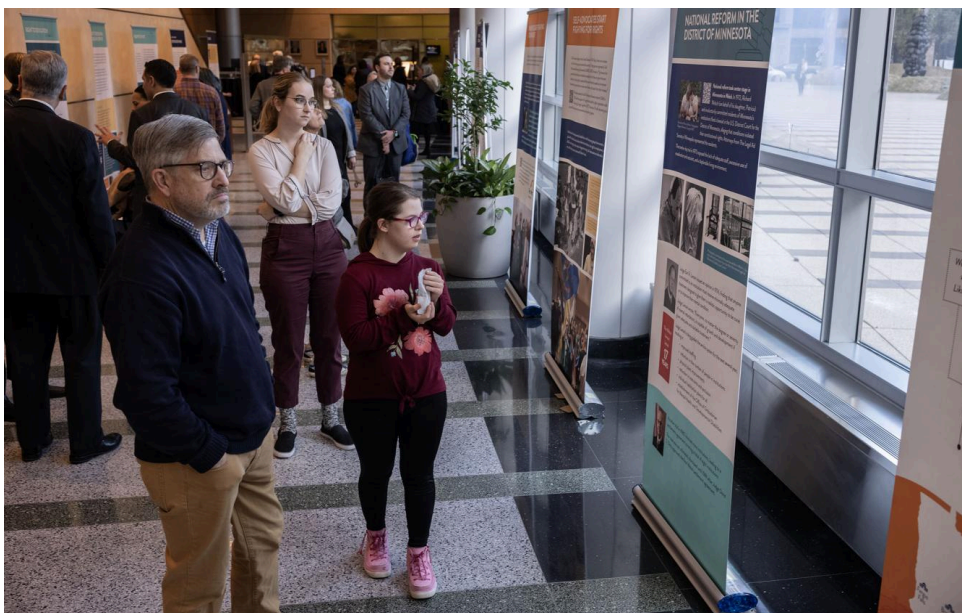
<https://www.hhs.gov/ohrp/regulations-and-policy/guidance/faq/informed-consent/index.html#:~:text=The%20informed%20consent%20process%20is%20an%20ongoing%20exchange%20of%20information,community%20meetings%2C%20and%20videotape%20presentations.>

McGowan's Corner From The Transistion Coordinator

Exhibit Traces 'Unfinished Journey' Of Those With IDD

by Katy Read, Star Tribune/TNS | April 2, 2024

<https://www.disabilityscoop.com/2024/04/02/exhibit-traces-unfinished-journey-of-those-with-idd/30809/>



Lee Shervheim, left and his daughter Emie Shervheim, 20, look over the exhibit ""An Unfinished Journey"" in the Federal Courts lobby of the U.S. Courthouse in Minneapolis. (Jerry Holt/Star Tribune/TNS)

MINNEAPOLIS — U.S. District Court Judge Donovan Frank has an unusual habit. When he goes into a store, restaurant or other business where nobody knows that he’s a federal judge, he checks out the employees. Then he asks to speak to the manager.

If he spots people with disabilities working in the establishment, Frank congratulates the manager on hiring them. If he doesn’t see any employees with disabilities, he asks the manager why not. Depending on the answer, he tells the manager he’ll encourage or discourage friends from shopping there.

“I just want to encourage everybody to have a truly diverse workforce,” Frank said.

Although more workplaces are working toward diversity and inclusion, much of the focus has been on people of different races, genders, national origins, religions or LGBTQ identities. Those efforts often overlook people with disabilities, Frank said.

“I often say we learn a lot more from people with disabilities than almost anybody else,” Frank said. People who don’t know those with disabilities may have preconceptions about what they’re like, but “those stereotypes fall away if we can live together, work together, play together.”

Frank has done more than speak to employers on behalf of people with disabilities. Rulings he has made have improved the lives of people with developmental disabilities, protecting them from abuse, allowing them to vote and helping integrate them into their communities.

Frank’s rulings are among the milestones mentioned in “An Unfinished Journey: Civil Rights for People with Developmental Disabilities and the Role of the Federal Courts,” an exhibit on display in the lobby of the Diana E. Murphy U.S. Courthouse in downtown Minneapolis. (Exhibit Guide: <https://mn.gov/mnddc/banners/index.html>)

The exhibit traces the history of progress for people with developmental disabilities to become more independent and self-advocating. It’s cosponsored by the U.S. District Court for the District of Minnesota, the Governor’s Council on Developmental Disabilities and the state chapters of the Federal Bar Association and the Disability Bar Association.

“People with disabilities confront stigma and discrimination on a regular basis. It is a shameful part of our country’s past and present,” he said in connection with a 2023 decision. “Ultimately, we will all be judged by how we treat the most vulnerable members of our society.”

Listening means a lot

Frank traces his concern for the rights of people with disabilities to his childhood, when he watched how his father treated a cousin, Dutch, who had a developmental disability. Dutch accompanied the family to church and worked in Frank’s father’s TV and appliance store.

“I think that being taught at an early age, ‘Look, he has hopes and dreams like you do (and) we’re going to include him in everything we do’ had a big effect on me,” Frank said.

Later, he got to know parents of children with disabilities and learned from that experience. “It changes your attitude,” he said.

Similarly, when the choir director at his daughters' school "insisted that anybody, no matter what their disability, could participate in the choir," his daughters' attitudes changed in some ways, too.

"There is not a judge in Minnesota, and probably not in the United States, who has done more for disabilities than Judge Frank," said Chief Judge Patrick J. Schiltz of the U.S. District Court, District of Minnesota.

Schiltz moderated an event to celebrate the exhibit's opening, with speakers, an exhibit of paintings by artists with disabilities called "I Am," and young people with disabilities singing and reading their poetry.

Frank spoke briefly, accompanied by Karen Loven, a disability activist who has a developmental disability and who also spoke.

"I love going to Judge Frank's office, he's very kind, and I love the way he treats people," Loven said. "I've been called the R-word. I'm not retarded, I'm a human being, and I wish people could respect me and treat me like the equal that I am."

Surprisingly recent milestones

What is perhaps most astounding in the exhibit is, while much progress has been made in improving the lives of people with disabilities, how recently some of the milestones occurred.

A panel near the beginning lays out the delays. People with developmental disabilities were granted the legal right to treatment in 1974, or 117 years after Minnesota became a state in 1857, and gained the right to education the following year.

For decades, people with developmental disabilities were routinely confined to institutions, where they often spent their whole lives. The last Minnesotan left an institution as recently as 1999. (Thirty-three other states continue to institutionalize kids, with about 16,000 currently living in large public facilities.)

Their basic civil rights were granted in 1990 with the passage of the Americans with Disabilities Act. Right to freedom from restraint and seclusion came in 2011, after a state report found that residents were being placed in metal hand and foot cuffs, face-down, even when they hadn't been behaving aggressively.

They also were secluded for long periods and not allowed family visits. Families brought a class-action suit that was settled out of court. Frank signed their agreement, which prohibited the use of physical restraints, seclusion and other painful procedures.

One panel tells the story of Minneapolis doctor Charles F. Dight, who founded the Minnesota Eugenics Society, helping write a bill that allowed the involuntary sterilization of more than 2,200 people with disabilities between 1925 and 1945. Dight also wrote Adolf Hitler, praising the dictator's "plan to stamp out mental inferiority among the German people," and wrote in the Minneapolis Journal that Hitler's actions, "if carried out effectively, will make him the leader of the greatest rational movement for human betterment the world has ever seen."

History, of course, does not see it that way. What's more surprising is that Minneapolis once had a street named after Dight. It has since been renamed Cheatham Avenue, after Capt. John Cheatham, Minneapolis' first Black firefighter. That was in March 2022, a mere two years ago.

The exhibit's title — "An Unfinished Journey" — suggests that there's more left to do. Minnesota has not been perfect in recognizing civil rights for people with developmental disabilities. For instance, the state's unemployment rate for people with disabilities is nearly 10%, compared with about 4% for people without disabilities. Still, that's better than the rates for the United States as a whole, which are about 13% and 6% respectively.

"I think we're recognized as doing a lot of really good things, and as a more progressive state," Frank said. "I'm sure some people would say there are still some areas you should look at."

"An Unfinished Journey: Civil Rights for People with Disabilities and the Role of the Federal Courts" will remain on display in the lobby of the Diana E. Murphy U.S. Courthouse in Minneapolis until July 17, after which it will move to the Warren E. Burger Federal Building and U.S. Courthouse in St. Paul. "I Am," the exhibit of art by people with disabilities, will move to St. Paul from May 16 to July 18. (Exhibit Guide: <https://mn.gov/mnddc/banners/index.html>)

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The Family Center for Children and Youth with Special Health Care Needs, Michigan Family to Family, and Michigan Family Voices are collaborating on our very first Virtual Resource Fair!

The Virtual Resource Fair will take place on **May 7th, 2024, from 11:30 am to 1:00 pm**. The event will be hosted on Microsoft Teams.

[Family Center for Children and Youth with Special Health Care Needs Resource Fair](#)

2024 Bocce Ball Season



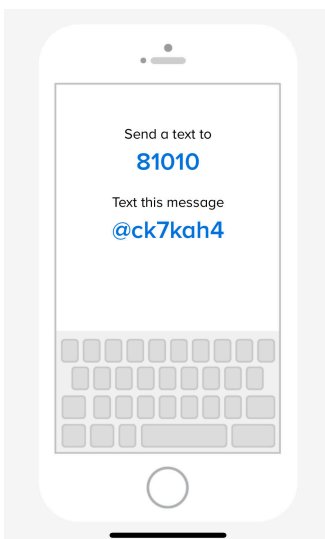
Bocce Ball will be on Tuesdays afterschool until parent pick-up at 4:00 pm starting on April 2nd until May 21st.

No Bocce Ball on Tuesday, April 9th.

When weather permits we will be on the front lawn,
If not, we have an inside area to play.

If your student is not signed up and is interested in playing,
please call the Jardon office- 248-658-5954

Already signed up, please join us on the Remind App
for any news related to Bocce Ball:





EVENING ENRICHMENT



April 22, 2024



6:00-7:00 p.m. on Zoom

Join our therapists in a roundtable discussion April 22nd! Topics will include FAR's history & current reach, creative arts therapy overview/ goals/ education path, and more!

RSVP to Smatsil@far-therapy.org



Breanna Bowen
Music Therapist



Parina Davis-Usher
Art Therapist



Jessica VanValkenburgh
Somatic
Movement Therapist



Samantha Heiler
Recreational Therapist



Hazel Park Schools Administration Building

1620 E. Elza Hazel Park



Distribution Dates Are Fridays beginning at 9 am unless noted

October 6, 2023
November 3, 2023
December 1, 2023

January 5, 2024
February 2, 2024
March 1, 2024

April 5, 2024
May 3, 2024

The food goes very quickly, so please come early to get in line. We cannot distribute items until the milk truck arrives and the setup is done.

Hazel Park Schools has partnered with Gleaners Community Food Bank to bring the School Mobile Food Pantry to our students and their families. ***Food distributions deliver 20-30 lbs of food, including milk, lean meats, fresh fruits, vegetables, and dry goods every month.***

Please line up in your car in the parking lot, going down Elza in front of the school. Please do not block any driveways. Food dates are explained from Gleaners on the back of this flyer.

A form MUST be filled out every time food is picked up with your full name and address. Food pick-ups can only be for YOUR family. We are sorry, but you cannot pick up food for friends that could not make it. The USDA and Gleaners set up these rules and regulations.

Gleaner's information will be sent by email and voice messages as reminders when you sign up for communications through your children's school.

Sign up for communications may be done through your Parent Portal on MiStar or the school district website, www.hazelparkschools.org/parents/resources--quick-links, then click on Alert Sign up.

Contact your Community Representative to help your family with resources for things such as bill pay, eyeglasses, local food pantries, and other resources. We want to make sure that all the needs of our students are addressed to the best of our abilities.

Gleaners Mobile School Pantry Site Coordinators:

***Dr. Amy Kruppe - Hazel Park Schools Superintendent
(248) 658-5521 amy.kruppe@hazelparkschools.org***

This institution is an equal opportunity provider.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Lunch • Chicken Tenders • Classic Cheeseburger • Turkey Ham & Cheese Sandwich	2 Lunch • BBQ Pulled Pork • Chicken Nuggets • Turkey Ham & Cheese Sandwich	3 Lunch • Grilled Chicken Patty • Macaroni & Cheese • Turkey Ham & Cheese Sandwich	4 Lunch • Beef Nachos • Crispy Chicken Breast Sandwich • Turkey Ham & Cheese Sandwich	5 Lunch • Personal Cheese Pizza • Classic Pepperoni Pizza • Turkey Ham & Cheese Sandwich
8 Lunch • Cheese Lasagna Rollup • Bacon Cheeseburger • Turkey Ham & Cheese Sandwich	9 Lunch • Chicken Corn Dog • Chicken Nuggets • Turkey and Cheese Sandwich	10 Lunch • Breaded Chicken Drumstick • Macaroni & Cheese • Turkey Ham & Cheese Sandwich	11 Lunch • Toasty Cheese Sandwich • Crispy Chicken Breast Sandwich • Turkey Ham & Cheese Sandwich	12 Lunch • Fiestada Pizza • Classic Pepperoni Pizza • Turkey Ham & Cheese Sandwich
15 Lunch • Mini Cheese Ravioli with Marinara Sauce • Classic Cheeseburger • Turkey and Cheese Sandwich	16 Lunch • Chicken Corn Dog • Chicken Nuggets • Turkey and Cheese Sandwich	17 Lunch • Popcorn Chicken • Macaroni & Cheese • Turkey and Cheese Sandwich	18 Lunch • Beef Hot Dog on Whole Wheat • Crispy Chicken Breast Sandwich • Turkey and Cheese Sandwich	19 Lunch • Cheesy Italian Pull Apart • Classic Pepperoni Pizza • Turkey and Cheese Sandwich
22 Lunch • Sweet & Sour Chicken • Classic Cheeseburger • Turkey Ham & Cheese Sandwich	23 Lunch • Totally Taco MaxSnax • Chicken Nuggets • Turkey Ham & Cheese Sandwich	24 Lunch • BBQ Oven Roasted Chicken Drumstick • Macaroni & Cheese • Turkey Ham & Cheese Sandwich	25 Lunch • Beef Hot Dog on Whole Wheat • Crispy Chicken Breast Sandwich • Turkey and Cheese Sandwich	26 Lunch • Cheese Stuffed Breadsticks • Classic Pepperoni Pizza • Turkey Ham & Cheese Sandwich
29 Lunch • Chicken Tenders • Classic Cheeseburger • Turkey Ham & Cheese Sandwich	30 Lunch • BBQ Pulled Pork • Chicken Nuggets • Turkey Ham & Cheese Sandwich			

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 3/21/2024 at 11:34 am



ADAPTIVE APRIL 2024

● INDICATES REGISTRATION REQUIRED ● INDICATES PROGRAM IS FULL

SUN	MON	TUE	WED	THU	FRI	SAT
	1 ● Adaptive Bowling 4-5:30 pm @ 5 Star Lanes Act #7327-A2	2 ● Daytime Friendship Club 10 am-3 pm @ TCC	3 ● Ensemble 6-6:50 pm @ TCC ● Beginners Clinic 6-6:50 pm @ TCC ● Fun W/Music 6-6:50 pm @ TCC Act #7306-A2	4 ● Daytime Friendship Club 10 am-3 pm @ TCC		
7	8 ● Adaptive Bowling 4-5:30 pm @ 5 Star Lanes	9 ● Daytime Friendship Club 10 am-3 pm @ TCC	10 ● Ensemble 6-6:50 pm @ TCC ● Beginners Clinic 6-6:50 pm @ TCC ● Fun W/Music 6-6:50 pm @ TCC	11 ● Daytime Friendship Club 10 am-3 pm @ TCC	12 ● Friday Frolic Spring Fling 7-9 pm @ TCC Act #7375-B1	13
14	15 ● Adaptive Bowling 4-5:30 pm @ 5 Star Lanes	16 ● Daytime Friendship Club 10 am-3 pm @ TCC	17 ● Ensemble 6-6:50 pm @ TCC ● Beginners Clinic 6-6:50 pm @ TCC ● Fun W/Music 6-6:50 pm @ TCC	18 ● Daytime Friendship Club 10 am-3 pm @ TCC	19	20
21	22 ● Monday Mingle 5:30-7 pm @ TCC	23 ● Daytime Friendship Club 10 am-3 pm @ TCC	24 ● Ensemble 6-6:50 pm @ TCC ● Beginners Clinic 6-6:50 pm @ TCC ● Fun W/Music 6-6:50 pm @ TCC	25 ● Daytime Friendship Club 10 am-3 pm @ TCC	26	27
28	29 ● Adaptive Bowling 4-5:30 pm @ 5 Star Lanes Act #7327-B2	30 ● Daytime Friendship Club 10 am-3 pm @ TCC				

Troy Community Center • 3179 Livernois Rd. • 248.524.3484 • rec.troy.mi.gov



MORE DETAILS & INFO AT:
rec.troy.mi.gov/guide

QUESTIONS? EMAIL US:
adaptive@troy.mi.gov

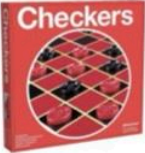





CONNECT WITH US:
● INSTAGRAM: @troyrecmi
● FACEBOOK: @troyrecreation
● E-NEWSLETTER: rec.troy.mi.gov/adaptiveconnection



Southfield Special Forces
April Activities 2024



These activities are adaptive programs for individuals 16 and older. A caregiver is required if one-on-one attention is needed. Activities meet at the Arts & Activities building, next to the Civic Center Tennis Courts unless otherwise indicated.

Date	Activity/Price/Time	
4-05-24	Game Night - \$10/person 6:00 pm - 8:00 pm Join us for checkers, x-box, uno, etc. Light snacks will be provided. Link for online registration: https://anc.apm.activecommunities.com/southfieldparks/activity/search/detail/5018?onlineSiteId=0&from_original_cui=true	
4-07-24	Sunday Funday - \$20/person 2:00 pm – 5:00 pm Birdhouse decorating and other spring crafts! Light snacks will be provided. Link for online registration: https://anc.apm.activecommunities.com/southfieldparks/activity/search/detail/5019?onlineSiteId=0&from_original_cui=true	
4-19-24	Come Dance With Us - \$10/person 6:00 pm – 8:00 pm Join us for some exercise through dancing with friends! Light snacks will be provided. Link for online registration: https://anc.apm.activecommunities.com/southfieldparks/activity/search/detail/5020?onlineSiteId=0&from_original_cui=true	
4-28-24	Sunday Funday - \$25/person 2:00 pm – 5:00 pm Join us for a movie and pizza for a late lunch/early dinner. Please let us know by registration deadline if you have any dietary restrictions. Link for online registration: https://anc.apm.activecommunities.com/southfieldparks/activity/search/detail/5021?onlineSiteId=0&from_original_cui=true	
	<ul style="list-style-type: none"> Do not come to activity if you are feeling sick. You will be sent home if you are ill. Caregivers attending must pay if consuming food. Register by deadlines online, in person at Southfield P&R, 26000 Evergreen or mail in registration form with credit card payment. We accept all major credit cards and cash. Activity Staff is unable to take payments for activities. For cancellations, call (248) 796-4604. 	



Individuals with special needs who plan to attend these activities should contact the Parks and Recreation Department at 248-796-4620 if auxiliary aids or services are needed. Reasonable advance notice is required.

